

Wirral Pathfinders Newsletter - March 2024

Our group meetings:

Tuesday evening 7-9pm
Mayer Hall, Bebington
CH63 7PL

Wednesday 11am-1pm
Pathfinders Head Office
27A Allport Lane, Bromborough,
CH62 7HH

IT'S OKAY
NOT TO
BE OKAY



07519 779052



wirralpathfinders.org.uk



support@wirralpathfinders.org.uk

You can also find us on
Facebook and MeetUp

**Immediate help and support is
just a phone call, text or email
away.**

What can you expect from a
Pathfinders meeting?

We provide mental health self-help
support in a small group setting.
Wirral Pathfinders is run by people
who have lived experience of
mental illness and this allows us to
provide you with the support you
need.



SUPPORT



OTHER AVAILABLE SUPPORT

We can offer 1-2-1 support by appointment, if you are not yet ready for a group setting. Please call or email to make an appointment.

We also have a monthly quiz at St Barnabas Church Hall in Bromborough Village. This runs on the last Wednesday of every month at 7pm and costs £1 to enter.